

# **SOUTH DAYI DISTRICT HEALTH DIRECTORATE**

## **LIST OF NUTRITION-ORIENTED INTERVENTIONS PROGRAMMES FOR THE YEAR 2024**

### **NUTRITION UNIT**

Nutrition is very essential in human growth and development and maintenance of health throughout the life cycle of an individual.

The objective of the Nutrition Unit is to contribute to the achievement of optimal nutrition of the people, promoting child survival, and economic growth and development of the district through capacity enhancement.

The nutrition unit carries out its activities to the populace of South Dayi and its environs to maintain and promote healthy life styles of all people through growth monitoring and promotion, nutrition counseling, vitamin A supplementation, nutrition surveillance activities etc.

### **KEY ACTIVITIES TO BE CARRIED OUT FOR THE YEAR 2024**

- Growth monitoring and promotion
- Nutrition Counseling
- Vitamin A supplementation
- Nutrition surveillance activities
- Food demonstration
- Monitoring and supervision
- Nutrition friendly school activities.
- Home visit.
- Monitoring of school feeding activities.
- Breastfeeding week celebration
- National nutrition surveillance (Data collection)
- Child health promotion week celebration
- Community management of acute malnutrition
- Iron Folic Acid Tablet Supplementation
- Pregnancy school